

# XXXVI

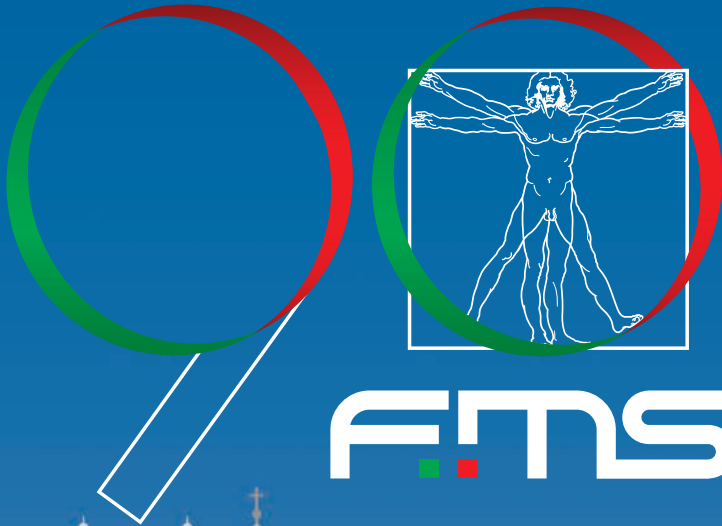
NATIONAL CONGRESS  
of the Italian Federation of Sports Medicine

SIMULTANEOUS  
TRANSLATION  
PROVIDED

90 YEARS

OF THE ITALIAN FEDERATION OF  
SPORTS MEDICINE (1929 - 2019)

## BIOLOGICAL AGE, CHRONOLOGICAL AGE



# F. I. T. S. I.



FINAL PROGRAMME

**ROME**  
HOTEL ROME CAVALIERI

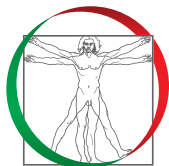
**27-29**  
MARCH 2019



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**FMSI** FEDERAZIONE MEDICO  
SPORTIVA ITALIANA

## Patronages:

Italian Ministry of Health

Italian National Olympic Committee

Italian Paralympic Committee

National Professional League

National University Council

National Federation of the Order of Physicians,  
Surgeons and Dentists

University of Rome "Foro Italico"

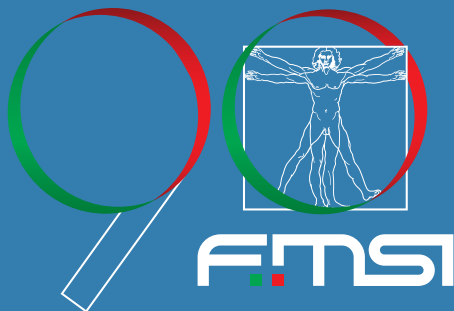
University of Rome "Tor Vergata"

European Commission Representation in Italy

International Federation of Sports Medicine

European Federation of Sports Medicine  
Associations





### **PRESIDENT OF THE CONGRESS**

Maurizio Casasco

### **HONORARY PRESIDENT OF THE 90°**

Giorgio Santilli

### **ORGANIZING COMMITTEE**

Maurizio Casasco, Gianfranco Beltrami,  
Vincenzo Russo, Gabriele Brandoni,  
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Attilio Parisi, Claudio Pecci, Antonio Pezzano,  
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Francesco Botré, Eduardo H. De Rose,  
Nicola Di Daniele, Luigi Di Luigi,  
Ranieri Guerra, Sergio Pecorelli

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Emilio Rovelli, Giorgio Santilli, Mario Tomassini

**XXXVI**

NATIONAL  
CONGRESS  
of the Italian Federation  
of Sports Medicine

**ROME**  
HOTEL ROME CAVALIERI

**27-29**  
MARCH 2019

# SPEAKERS AND MODERATORS

## **Domenico Accettura**

President of FMSI Regional Committee Puglia

## **Fernando Agrusti**

President of FMSI Regional Committee Friuli Venezia Giulia

## **Cristina M. Alberini**

Professor, Center for Neural Science, New York University

## **Alberto Anedda**

President of FMSI Regional Committee Emilia Romagna

## **Norbert Bachl**

FIMS Secretary General;  
EFSMA Former President and Honorary President;  
Director of the Austrian Institute of Sports Medicine

## **Gianfranco Beltrami**

FMSI Senior Vice Chairman;  
President of the Medical Committee of the World Baseball Softball Confederation (WBSC)

## **Umberto Berrettini**

Sic Sport President

## **Diana Bianchedi**

General Coordinator IOC Session Milano, CONI;  
Coordinator and Professor of Sports Economy and Politics, Link Campus University

## **Gaetano Bianchi**

Cardiologist;  
FMSI Research Advisor

## **Alessandro Biffi**

Health Director of Ferrari Formula 1 team

## **Gabriele Brandoni**

FMSI National Counsellor

## **Gianni Bugno**

President of Cyclistes Professionnels Associés

## **Gennaro Buonfiglio**

President of FMSI Regional Committee Campania

## **Mario Carletti**

Team Doctor Basketball Varese;  
Member of Antidoping Commission, Italian Ministry of Health

## **Guido Carpani**

Head of Cabinet - Italian Ministry of Health

## **Maurizio Casasco**

President of the Italian Federation of Sports Medicine (FMSI);  
President of the European Federation of Sports Medicine Association (EFSMA)

**Enrica Cavedo**

Post-Doctoral Researcher, GRC n° 21,  
Alzheimer Precision Medicine (APM),  
Sorbonne University

**Paolo Cerretelli**

Honorary Professor, University of Geneva;  
Senior Researcher, National Research Council  
of Italy (CNR), Milan

**Giuseppe Chiné**

Head of Cabinet – Italian Ministry of Education,  
University and Research

**Siriano Cordoni**

President of FMSI Regional Committee  
Abruzzo

**Domenico Corrado**

Full Professor, University of Padova

**André Debruyne**

FIMS Vice President;  
EFSMA Past President

**Francesco De Ferrari**

Professor Emeritus, University of Brescia

**Eduardo Henrique De Rose**

Honorary President of FIMS;  
Dean Auditor of the Brazilian Sport Tribunal for  
Antidoping

**Luigi De Servio**

Managing Director National Professional  
League

**Nicola Di Daniele**

Full Professor of Internal Medicine, University  
of Rome “Tor Vergata”;  
Director of the Department of Medical  
Sciences, University Hospital “Tor Vergata”

**Natale Mario Di Luca**

Full Professor of Legal Medicine, University of  
Rome “Sapienza”

**Luigi Di Luigi**

Associate Professor of Endocrinology and  
Chief of Endocrinology Unit, University of  
Rome “Foro Italico”

**Jonathan Drezner**

Director of the Sports Cardiology Centre,  
Department of General Medical Practice,  
Sports Medicine Division, University of  
Washington, Seattle

**Maria Antonietta Fenu**

President of FMSI Regional Committee  
Sardegna

**Guido Ferretti**

Professor of Physiology, University of Brescia

**Luigi Fontana**

Chair in Translational Metabolic Health;  
Director of the “Healthy Longevity Research  
and Clinical Program”, University of Sydney

**Barry Franklin**

Director of Preventive and Cardiac Rehabilitation, William Beaumont Hospital; Professor of Internal Medicine and Biomedical Engineering, University of Oakland William Beaumont School of Medicine, Royal Oak, Michigan

**Gian Pasquale Ganzit**

President of FMSI Regional Committee Piemonte; Scientific Director, Sports Medicine Institute of Torino

**Federico Gelli**

Healthcare Risk Manager, Federsanità ANCI; Director of Coordination of Emergencies and Extraordinary Events - Ausl Toscana Centro

**Franco Giada**

President of FMSI Sports Medicine Association of Venice; Director of UOC Sports Medicine and Physical Exercise - Cardiology Rehabilitation, AUSL 3 Serenissima

**Ranieri Guerra**

Assistant Director General, World Health Organization

**Ferdinando Iellamo**

Full Professor, Department of Clinical Sciences and Translational Medicine; Director, School of Specialization in Sports Medicine and Physical Exercise, University of Rome "Tor Vergata"

**Vincenzo Maria Ieracitano**

FMSI National Counsellor; President of Federal Medical Committee, Italian Federation of Rugby (FIR)

**Emmanuele A. Jannini**

Professor of Endocrinology and Sexology, University of Rome "Tor Vergata"

**Gennaro La Delfa**

President of FMSI Regional Committee Sicilia

**Andrea Lenzi**

Full Professor in Endocrinology, University of Rome "Sapienza"

**Claudio Lotito**

President of S.S. Lazio  
FIGC Counselor

**Adolfo Marciano**

FMSI National Counsellor

**Samuele Marcora**

Professor in Exercise Physiology, School of Sport and Exercise Sciences, University of Kent, UK;  
Professor of Methods and Didactics of Sport Activities at the Department of Biomedical and Neuromotor Sciences (DiBiNeM), University of Bologna

**Giuseppe Marotta**

Managing Director FC International;  
FIGC Counselor

**Francesco Saverio Mennini**

Professor of Health Economics, University of Rome "Tor Vergata"

**Mario Migliolo**

President of FMSI Regional Committee Toscana



**Konstantinos Natsis**

EFSMA Vice President;  
Honorary President of Sports Medicine  
Association of Greece;  
Head of Department of Anatomy and Surgical  
Anatomy, School of Medicine, Aristotle  
University of Thessaloniki

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Rector of University of Rome "Tor Vergata"

**Stefano Paleari**

Full Professor, Department of Management,  
Information and Production Engineering,  
University of Bergamo

**Antonio Paoli**

Full Professor, Department of Biomedical  
Science, University of Padova

**Gianfranco Parati**

Full Professor of Cardiovascular Diseases,  
University of Milano-Bicocca;  
Scientific Director, IRCCS, Italian Institute for  
Auxology of Milan

**Attilio Parisi**

FMSI National Counsellor;  
Full Professor, Department of Physical Exercise  
and Health, University of Rome "Foro Italico"

**Claudio Pecci**

FMSI National Counsellor;  
Medical Director of MAPEI Sport

**Sergio Pecorelli**

Professor Emeritus at University of Brescia;  
President of the "Giovanni Lorenzini Medical  
Foundation", New York

**Antonio Pezzano**

FMSI National Counsellor

**Fabio Pigozzi**

International Federation of Sports Medicine  
(FIMS) President;  
Rector of University of Rome "Foro Italico"

**Yannis Pitsiladis**

Professor of Sport and Exercise Science,  
University of Brighton, UK;  
Member of Medical and Scientific Commission,  
International Olympic Committee (IOC);  
Chair of the Scientific Commission,  
International Federation of Sports Medicine  
(FIMS)

**Simone Porcelli**

Researcher, Institute of Molecular Bioimaging  
and Physiology, National Research Council of  
Italy (CNR), Milan

**Nicola Porro**

Vice Director of the newspaper "Il Giornale"

**Carmelo Puntoriere**

President of FMSI Regional Committee  
Calabria

**Eli Puterman**

Professor, PhD, University of British Columbia,  
Vancouver Campus

**Guido Rasi**

Executive Director, European Medicines  
Agency (EMA)

**Giacomo Rizzolatti**

Professor Emeritus of Human Physiology,  
University of Parma

**Ferdinando Romano**

Full Professor, Faculty of Medicine, University of Rome "Sapienza";  
Medical Director of "Policlinico Umberto I" of Rome

**Vincenzo Russo**

FMSI Vice President

**Massimo Sacchetti**

Full Professor, Department of Physical Exercise and Health, University of Rome "Foro Italico"

**Fabio Santelli**

President of FMSI Regional Committee Marche

**Giorgio Santilli**

FMSI Honorary President

**Paolo Sassone-Corsi**

Director of "Center for Epigenetics and Metabolism", University of California, Irvine

**Marco Scorcu**

FMSI National Counsellor;  
Cagliari Football Medical Chief

**Carlo Signorelli**

President of the Italian Society of Hygiene, Preventive Medicine and Public Health (SIItI)  
Full Professor of Hygiene, University of Parma

**Mario Ireneo Sturla**

President of the FMSI Sports Medicine Association of Pavia;  
President of the European Medical Commission of Professional Boxing (EBU);  
FPI Health Coordinator

**Carlo Tranquilli**

President of FMSI Regional Committee Lazio

**Maria Triassi**

FMSI National Counsellor

**Renzo Ulivieri**

President of Italian Association of Football Coaches

**Sarah Varetto**

EVP New Project Development Continental Europe SKY

**Mauro Vegni**

Cycling Manager RCS Sport

**Walter Villadei**

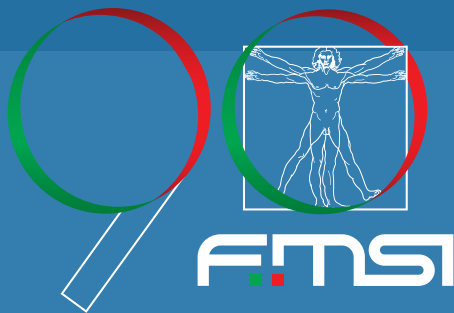
Lieutenant Colonel, Italian Air Force, General Office - Space

**Paolo Zeppilli**

Full Professor, Policlinico Universitario "A. Gemelli" of Rome

**Petra Zupet**

EFSMA Secretary General;  
President of the Slovenian Sports Medicine Association



# SCIENTIFIC PROGRAMME

**XXXVI** NATIONAL  
CONGRESS  
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**ROME**  
HOTEL ROME CAVALIERI

**27-29**  
MARCH 2019

# WEDNESDAY MARCH 27 2019

- 09.00**                      **Registration desk opens**
- 14.30-15.40**                **Open Exchange**  
Chairmen: F. Agrusti, F. Santelli
- 14.30-14.37**                Cardiopulmonary exercise stress test vs standard exercise test in the rational prescription of physical activity in female  
**Presenting:** A. Stuto  
**Co-authors:** B. Armaro, E. Cosentino, G. Canonico, S. Canonico, F. Raineri, A. Ambu, A. Lo Giudice, G. Basile
- 14.37-14.44**                A retrospective analysis of VPBS in trained bicuspid aortic valve athletes  
**Presenting:** L. Stefani  
**Co-authors:** M. Donadei, L. Casatori, G. Galanti, P.A. Modesti
- 14.44-14.51**                The administration of phosphodiesterase type 5 inhibitors influence hormonal steroid response to aerobic exercise  
**Presenting:** P. Sgrò  
**Co-authors:** M. Lista, S. Bianchini, C. Minganti
- 14.51-14.58**                Ankle ligament injuries in the athletes: conservative or surgical management  
**Presenting:** G. L. Canata  
**Co-autore:** V. Casale
- 14.58-15.05**                Statistical revision and clinical data analysis of 24952 competitive and recreational sport physical examinations performed in 2016  
**Presenting:** D. Mozzone  
**Co-authors:** G. Ganzit, N. Olivero, F. Scarzella, D. Terreno

## WEDNESDAY MARCH 27 2019

**15.05-15.12**

Traumatic fracture of the pancreas in professional athlete: a case report and review of the literature

Presenting: P. Mainente

Co-authors: G. Ragazzi, F. De Marchi, G. Scalco

**15.12-15.19**

Cardiac angioma: clinical case and diagnostic implications for a fitness certificate for competitive sport

Presenting: A. Cialfi

Co-authors: P. Rumi, A. Ascari, F. Bruttini, R. Meazza, D. Di Mattia

**15.19-15.26**

Inverse association between walking speed and all-cause re-hospitalization costs. a 6-year follow-up study in patients with cardiovascular disease

Presenting: M. Franchi

Co-authors: F. Ballerio, J. Myers, B. Sassone, C. Merlo, N. Sorino, M. Pizzolato, S. Mandini, G. Chiaranda, G. Mazzoni, M. Brunori, S. Bonnini, G. Grazi

**15.26-15.33**

Inflammation, oxidative stress and gene expression. The post-prandial approach in professional soccer players: when nutrigenomics can reduce the risk of muscle injuries and early atherosclerosis

Presenting: M. A. Perrone

Co-authors: B. Donatucci, A. Salvati, P. Gualtieri, A. De Lorenzo, S. Bernardini

# WEDNESDAY **MARCH 27 2019**

**15.33-15.40** Prescription and administration of physical exercise to the patient with diabetes: the project "Diabetics in the gym"  
Presenting: M.P. Vettori  
Co-authors: L. Contin, L. Bortolato, A. Betetto, E. Brugin, V. Pescatore, S. Compagno, L. Ferrari, F. Giada

**16.30** **OPENING CEREMONY**  
Opening of proceedings

**16:30-17.40** **Welcome address by National and International Authorities**  
*[NON-ACCREDITATED CME SESSION]*

**17.40-18.10** **Outlining a future for Sports Medicine: from the first school of specialization to the 21<sup>st</sup> Century challenges**  
M. Casasco

**18.10-20.00** **Opening "Lectio Magistralis"**  
90 years of Physical Activity for 90 years of health  
S. Pecorelli

**20.00** **Welcome cocktail**

## THURSDAY MARCH 28 2019

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07.00-08.30

### Basic ECG Course

Chairman: C. Tranquilli

Speakers: G. Bianchi, F. Giada

08.30-09.00

### LECTURE 1

Chairman: R. Guerra

The importance of being Andy:  
premature and late ageing

G. Novelli

09.00-10.30

### SESSION 1

#### Exercise prescription for health

Chairperson: G. Chiné

Chairmen: A. Pezzano, M. Scorcu

09.00-09.20

Life in movement: motor activities and the prevention of non-communicable diseases  
B. Franklin

09.20-09.40

Clinical and functional assessment by the sports medicine specialist in prescribing physical exercise  
A. Paoli

09.40-10.00

The prevention of sarcopenia in ageing: the role of physical exercise  
N. Bachl

10.00-10.20

Cancer, motor activities and sport: from prevention to fitness in sports medicine  
A. Parisi

10.20-10.30

Discussion

# THURSDAY MARCH 28 2019

10.30-11.00

**Coffee Break**

11.00-11.30

**LECTURE 2**

Introduction: A. Lenzi

*Homo Biologico*: endocrine system, human movement and "stress"

L. Di Luigi

11.30-13.00

**SESSION 2**

**The transferability of Sports Medicine competencies**

Chairperson: G. Carpani

Chairmen: G. Brandoni, A. Parisi

11.30-11.50

Reducing biological risk as a first step in prevention

F. Romano

11.50-12.10

The social cost of a sedentary lifestyle

F.S. Mennini

12.10-12.30

Functional evaluation of work activities and biological risk. The experience of Sports Medicine: at what age retirement?

S. Porcelli

12.30-12.50

Physical exercise and *exercise mimetics*. An opportunity for health and for savings in the system?

G. Rasi

12.50-13.00

Discussion

13.00-13.30

**Break**



# THURSDAY MARCH 28 2019

13.30-14.30

## Poster Session 1

*[NON-ACCREDITATED CME SESSION]*

Chairmen: G. Buonfiglio, M. Migliolo

ELLISSE ROOM

13.30-14.30

## WORKSHOP

*[NON-ACCREDITATED CME SESSION]*

**Management of sport patients:  
from joint overuse to light trauma**

P. Volpi, A. Billi

14.30-15.00

## LECTURE 3

Introduction: F. Pigozzi

Pre-participation cardiovascular screening  
in athletes: a cultural bridge across the  
ocean?

J.A. Drezner

15.00-16.30

## SESSION 3

**Heart and sport: a fibre for every age**

Chairperson: G. Beltrami

Chairmen: D. Accettura, A. Anedda

15.00-15.20

Does physical activity reduce biological  
age in ECG expression?

A. Biffi

15.20-15.40

The influence of age and training in genetic  
cardiomyopathies

D. Corrado

15.40-16.00

Young "oldsters" and old "youngsters":  
can biological age affect cardiovascular  
screening of athletes?

P. Zeppilli

16.00-16.20

The new COCIS 2017

F. Giada

16.20 16.30

Discussion

# THURSDAY MARCH 28 2019

16.30-17.00	<b>Break</b>
17.00-17.30	<b>LECTURE 4</b> Introduction: E.H. De Rose Mirroring mechanism and brain function G. Rizzolatti
17.30-19.00	<b>SESSION 4</b> <b>Neurosciences and movement: the neuron is mobile</b> Chairperson: V.M. Ieracitano Chairmen: G.P. Ganzit, M.I. Sturla
17.30-17.50	Physical exercise and brain plasticity over a lifetime C.M. Alberini
17.50-18.10	The impact of physical exercise and lifestyle on brain ageing and in preventing Alzheimer's disease E. Cavedo
18.10-18.30	Physical exercise, motivational psychology and cognitive neurosciences: a new path for Sports Medicine S. Marcora
18.30-18.50	Monitoring training and regulation of the cardiac nervous system: from the patient to the top athlete F. Iellamo
18.50-19.00	Discussion
19.00	<b>End of session</b>

## FRIDAY MARCH 29 2019

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07.00-08.30

### **Cardiology Sunrise**

Challenging cases in Sports Cardiology

Chairmen: A. Biffi, D. Corrado

Speaker: J.A. Drezner

08.30-09.00

### **LECTURE 5**

Introduction: V. Russo

Sexuality and sport

E.A. Jannini

09.00-10.30

### **SESSION 5**

#### **Being a female athlete**

Chairpersons: M. Triassi, P. Zupet

Chairmen: M.A. Fenu, C. Pecci

09.00-09.20

A woman and an athlete: a special experience

D. Bianchedi

09.20-09.40

Hormones and sport: benefits and risks for female athletes

L. Di Luigi

09.40-10.00

Sports and motor activities in the prevention of post-menopausal osteoporosis

M. Sacchetti

10.00-10.20

Pregnancy in female athletes

S. Pecorelli

10.20-10.30

Discussion

10.30-11.00

**Coffee Break**

# FRIDAY MARCH 29 2019

11.00-11.30

## LECTURE 6

Introduction: S. Pecorelli

When to run: how the benefits of physical exercise relate to the genome

P. Sassone-Corsi

11.30-13.00

## SESSION 6

### Motor activities in extreme environments

Chairperson: P. Cerretelli

Chairmen: U. Berrettini, G. La Delfa

11.30-11.50

Motor activity at great depths: clinical-functional implications

G. Ferretti

11.50-12.10

Physical exercise in the clouds: physiological adaptations and sports medicine issues

G. Parati

12.10-12.30

Exercise training in space: clinical implications

F. Iellamo

12.30-12.50

Human movement among the stars: an Italian astronaut's experience

W. Villadei

12.50-13.00

Discussion

13.00-13.30

Break

## FRIDAY MARCH 29 2019

13.30-14.30

### Poster Session 2

*[NON-ACCREDITED CME SESSION]*

Chairmen: S. Cordoni, C. Puntoriere

14.30-15.00

### LECTURE 7

Introduction: N. Di Daniele

Promoting health and longevity through exercise and nutrition: metabolic and molecular mechanisms

L. Fontana

15.00-16.30

### SESSION 7

#### ROUND-TABLE DISCUSSION

Professional sports: is the athlete still the main actor? Business, event planning and health always at odds?

Host: N. Porro

Participants: G. Bugno, M. Carletti, L. De Siervo, C. Lotito, G. Marotta, C. Pecci, P. Sassone-Corsi, M. Scorcu, R. Ulivieri, S. Varetto, M. Vegni

16.30-16.50

### Coffee Break

FRIDAY **MARCH 29 2019**

16.50-17.20

**LECTURE 8**

Introduction: K. Natsis

Biological ageing, stress and exercise:  
the role of telomeres

E. Puterman

17.20-18.50

**SESSION 8****Sports Medicine, health and  
professional responsibility: between  
reality and fake news**

Chairperson: F. De Ferrari

Chairmen: A. Debruyne, A. Marciano

17.20-17.40

Prophylactic vaccination in sport: "running  
without running... risks"

C. Signorelli

17.40-18.00

Nutritional supplements, ergogenic  
products and sport: from fake news to  
health risk

Y. Pitsiladis

18.00-18.20

The Gelli Law

F. Gelli

18.20-18.40

The responsibility of the Sports Medicine  
Physician as "*Certifying Physician*" and  
"*Team Doctor*"

N.M. Di Luca

18.40-18.50

Discussion

# FRIDAY **MARCH 29 2019**

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**18.50-19.30**

## **Closing "Lectio Magistralis"**

Introduction: M. Casasco, G. Santilli

Sports Medicine and translational research:  
from the laboratory to society

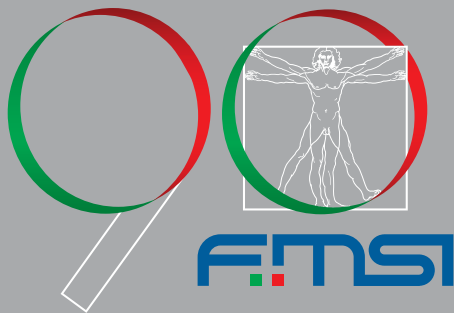
S. Paleari

**19.30**

## **End of congress proceedings**







# GENERAL AND SCIENTIFIC INFORMATION

**XXXVI**

NATIONAL  
CONGRESS  
of the Italian Federation  
of Sports Medicine

**ROMA**  
HOTEL ROME CAVALIERI

**27-29**  
MARZO 2019

# GENERAL INFORMATION

## CONGRESS SECRETARIAT

Each day, the **Congress Secretariat** will be at your disposal at the Congress Venue from Wednesday March 27 at 09.00 a.m. until the end of Scientific Sessions.

## CONGRESS VENUE

**Hotel Rome Cavalieri** (Via Alberto Cadlolo 101 – Roma)

## OPENING CEREMONY

The Opening Ceremony will be held on **Wednesday March 27 at 16.30** at the Congress Venue.

## BADGE

All registered Participants will get a **badge** at the registration desk and are kindly requested to wear it in order to participate in all scientific sessions and visit the exhibition area.

## ATTENDANCE CERTIFICATES

**Attendance certificates** are delivered on request at the Congress Secretariat to all registered Participants at the end of the scientific sessions on Friday March 29. Certificates will be delivered for the real attended day/s, only.

## SPONSORS EXHIBITION

A **technical, pharmaceutical and publication exhibition** will take place at the Congress Venue during the Congress.



### WARDROBE

A wardrobe is at participants' disposal at their change during the scientific session.



### NO-SMOKING

Smoking in the Meeting area is not allowed.



### MOBILE PHONES

Delegates are kindly requested keep their mobile phone in the off position in the rooms where scientific session are being held.

## REGISTRATION FEES (22% VAT INCLUDED)

Fee Schedule	From 1/03/2019 and on site
Regular Fee	€ 350,00
Graduates from Medical School, Residents in all Medical Fields <sup>(1)</sup>	€ 200,00
Physiotherapists, Sports Massage Therapists, Sports Scientists non FMSI Members and Psychologists <sup>(2)</sup>	€ 250,00

## PLEASE NOTE:

- (1) A reduced fee is offered to Graduates from Medical School, Residents in all Medical Fields, non FMSI Members. Certificate to be shown.
- (2) The Registration Fee is free for Physiotherapists, Sports Massage Therapists, Sports Scientists and Psychologists, who have paid the FMSI Membership fee of €50,00 and who registered to the Congress before December 31, 2018. Otherwise, to access to the reduced fee it will be necessary to present a copy of the qualification along with the registration form.

The **registration fee** gives the right to access to all scientific sessions and to the exhibition area and includes:

- Congress bag with the congress material
- Welcome cocktail
- Coffee break

## REGISTRATION PAYMENTS

Registration fees can be paid as follows:

- Credit Card (American Express, SI/VISA, Mastercard)

## FMSI SECRETARIAT

The FMSI secretariat will be at disposal of all members at the Congress venue for the three days of the Congress.

# SCIENTIFIC INFORMATION

## ORAL AND POSTER PRESENTATIONS

Oral and Poster presentations are foreseen during the Scientific Programme of the Congress. Oral presentations are scheduled on March, 27, from 14.30 to 15.40. Time at disposal: 7 minutes. Abstracts accepted as Poster presentations will be hanged up as follows:

**- Session 1: Tuesday, March 28 from 13.30 to 14.30**

**- Session 2: Friday, March 29 from 13.30 to 14.30**

Posters size is cm. 80 (width) and cm. 120 (height).

Presenting Authors should be available during their Session since two chairmen will be present for discussion.

Posters should be hanged up and dismantled as follows:

- Session 1

Setting on Tuesday, March 28 from 08.30 to 11.30 and dismantling within 18.30

- Session 2

Setting on Friday, March 29 from 08.30 to 11.30 and dismantling within 18.30

Authors are requested to follow the above mentioned schedule. The Organizing Secretariat is not responsible for unsupervised posters and for damages and losses.

A desk for Poster presentations will be available at the Posters Area.

## PROJECTIONS

At the Congress venue only the projection from PC is allowed. It is absolutely forbidden to use your own PC. Slides should be delivered to the Slide Centre almost one hour before the beginning of the Session.

## FMSI CREDITS

The participation in the FMSI National Congress allows Participants to get 30 training credits. Remember that the maintenance of Aggregate Member's status is subject to the effective participation to the institutional, training and professional update activities of FMSI ("FMSI Training credits" chart). In order to obtain the FMSI credits, it is required to present the participation certificate given at the Congress venue at the end of the scientific session.

## ITALIAN CME CREDITS

### Continuous Medical Education

The Congress is part of the 2019 Annual Training Plan for the FMSI – Provider 1592 ([www.fmsi.it](http://www.fmsi.it)) and will be registered at the National Commission for the Continuous Education for the following specialties:

- Medicine and Surgery: all specialties
- Physiotherapists

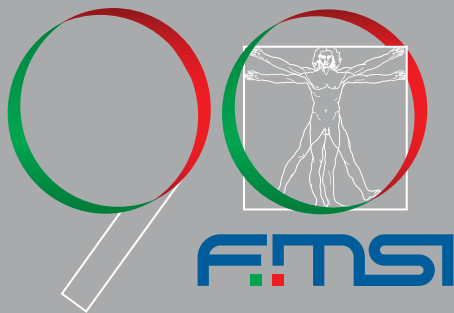
No training credits will be assigned for specialties not mentioned above.

## LANGUAGE OF THE CONGRESS

The Congress will be in Italian and English with simultaneous translation.







# EXPO AREA

**XXXVI**

NATIONAL  
CONGRESS  
of the Italian Federation  
of Sports Medicine

**ROMA**  
HOTEL ROME CAVALIERI

**27-29**  
MARZO 2019

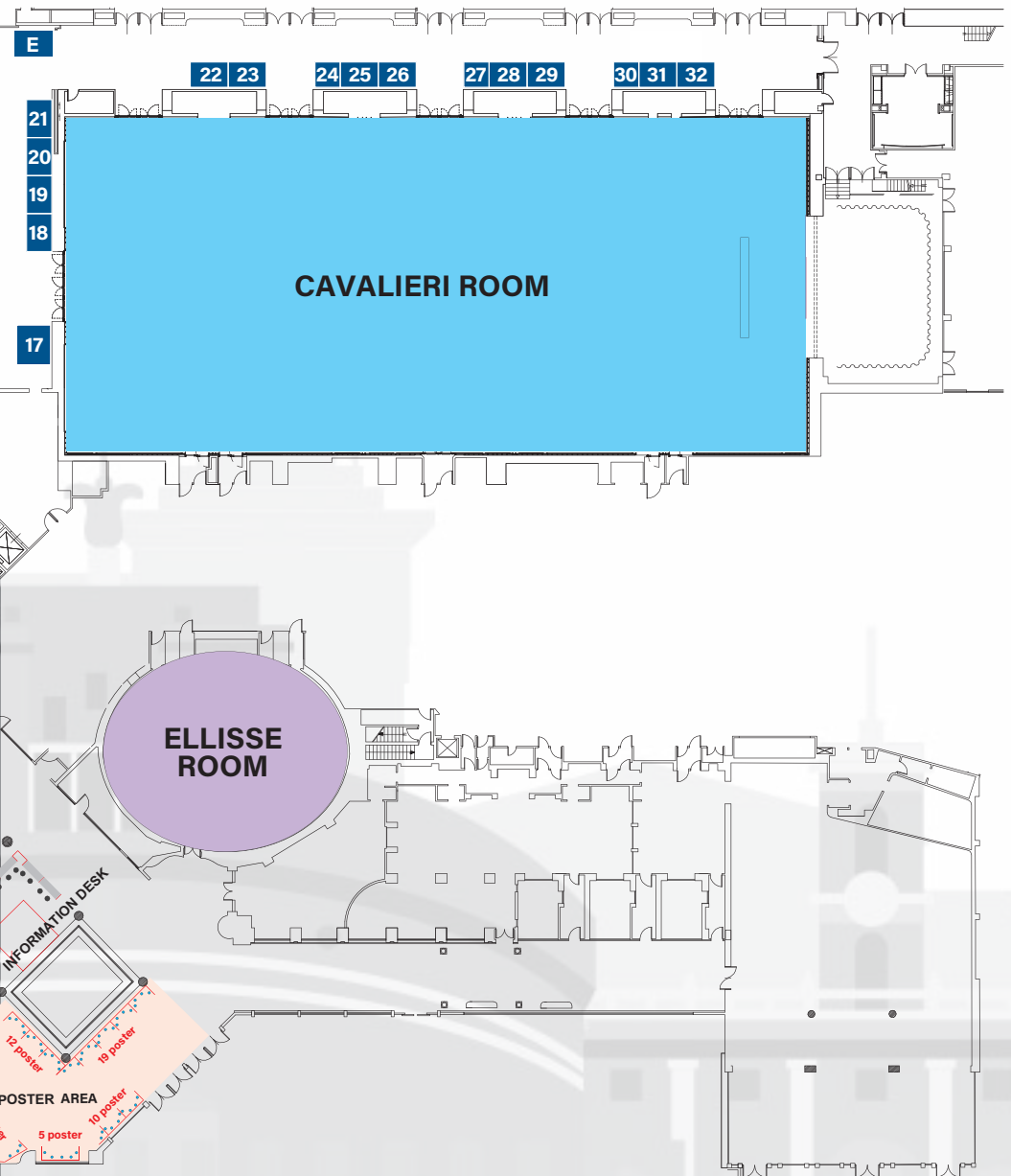
LIST OF EXHIBITORS	STAND
AB SCIEX	A
AGILENT	5
BIT	32
COSMED	3
EDRA	C
EME	7
FIDIA	4
FMSI	16
GE	22
GENERALI	15
GRIFFIN	B
HS	30
IBSA	8
INDIBA	19
INFRATEC	21
IQOS - DAO	17
IREDEEM	9
KALEIDO	27
MEBER	6
MINERVA	D
PARMIGIANO REGGIANO - DAO	31
PERFORMA	18
PHILIPS	28
PMA	E
PROTEINSA	1
SAMSUNG	26
SIGILTECH	29
SYLCO	24
TECNOBODY	11-12
TNT	20
TOP PHYSIO	14
ULIVETO	10
UNISALUTE	25
VILLA STUART	23
WILLIS	2

COFFEE POINT

POSTER AREA









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SYLCO

TOP PHYSIO

EDIZIONI EDRA

EDIZIONI MINERVA MEDICA

GRIFFIN SRL



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